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Partial and Complete Denture Post Delivery Instructions

You have just received a new appliance, which will require a period of adjustment. It may require several weeks to get use to the new appliance. Normal functions like talking and chewing with the denture may be difficult at first. For the first few days, you should try to wear your denture as long as possible. **Wear your new appliance for 24 hours straight.**

You may experience a slight speech difficulty or lisp at first. Reading out loud will help with learning to speak more comfortably with the denture. You may notice an increase in saliva flow at first while wearing your new denture this is normal and will decrease in a few days after wearing your denture.

Dentures do not have the same chewing efficiency as natural teeth and may affect your taste of food. Always chew your food on both sides to keep your denture balanced and to prevent any rocking. We suggest you start chewing with small bites of soft foods at first. You may use small amount of denture adhesive for added comfort and retention.

Your denture will need to be cleaned daily to prevent stains and bacteria from accumulating. We will provide you with a denture brush. A denture cleanser can be used if elected, use as directed. Brush your gums and tongue with a soft-bristle brush daily.

Do not wear your denture to bed. It is important to allow your tissue to rest; this will minimize tissue irritation, infection, and future bone shrinkage. Soak denture in plain water overnight. Make sure you clean the container regularly.

It is not unusual for sore spots to develop under or around your denture. Sore spots are a very common occurrence. All new dentures may need several adjustments to seat completely and comfortably in your mouth. When you get a sore spot, please call the office for a quick adjustment appointment.

Keep away from pets, as they may chew and destroy your denture.

Please contact the office to make an appointment to correct any sore spots if they develop. If you do not wear your partial, immediate, or regular denture for a period of time, you will notice that it will not fit properly. This is due to natural changes in your jaw. In case we are unable to adjust your prosthetic in a satisfactory manner, relining, rebasing, or a new set of dentures/partials may be recommended.