



Ridgewood Smiles Dentistry, LLC
5800 Ridgewood Rd. Suite 105
Jackson, MS 39211
P (601)-398-2934 Fax (769)-216-3311

Root Canal Therapy Post Op Instructions

It is important to observe the post op instructions whether you experience discomfort or not. Please follow these instructions given for the next 72 hours after treatment:

Medication: The analgesic medication regimen we recommend following endodontic treatment helps prevent pain and/ or swelling. Recommended Schedule and Dosage:

Take (3-4 tablets per doctor's instructions) 200mg Ibuprofen (ie. Motrin, Advil, etc.) tablets every six hours after treatment.

Take 2 Extra Strength Tylenol tablets three hours after each dose of Ibuprofen.

Caution: Do not take Tylenol at the same time as the Ibuprofen, or you may experience an adverse reaction.

Eating: The tooth will be sore for a few days following endodontic treatment. Eat soft foods until the final restoration is placed on the tooth.

Final Treatment: Most teeth that have had endodontic treatment need to be permanently restored with a crown to avoid the tooth breaking. Please contact us to make an appointment for the crown if you have not already.

If you have any questions, please call us at your earliest convenience.